Kangaroo Carry

Age: from birth

Wrap Sling Size: from size 4





1 Lay your baby in the middle of a **DIDYMOS** sling spread out on a table, with the top rail lying under her head.



5 Hold your baby's head with one hand and, with the other hand supporting her back, ...



9 ... and bring them around to your front again.



13 Cross the fabric over both shoulders by flipping the rail closest to your neck under the outer rail and down over your upper arm.



2 While leaning forward, put one sling tail over your shoulder; at the same time ...



6 ... lift your baby up in the sling and settle her against your chest while leaning back slightly.



10 Tighten each of the tails with one hand (the other holding baby) by pulling on the rails ...



14 Finally, push your baby's legs up a bit to make sure she is sitting in the correct frog-leg position, her back rounded and securely held in the **DIDYMOS** sling.



3 ... put your free hand under the other sling tail and pull the bottom rail up to the back of your baby's knees.



7 Pull on the top rail on each side of your baby's head to tighten it - one hand always holding your baby secure-ly! – ...



11 ... then cross the tails under your baby's bottom and bring them under her legs ...



15 If your sling is not long enough to tie at your back, you can tie the tails under your baby's bottom.



4 Now bring the other tail over your other shoulder.



8 ... then cross the tails behind your back ...



12 ... and around to your back again where you tie them.



16 The fabric on your back should be spread out flat.

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