

# DidyFix

## Carrying Instruction



Only use this carrier for  
children between  
3,5 kg and 20 kg.

# Front Carry from Birth



**1** Position the waist belt around your waist or higher when you carry a small baby.



**2** Pass the buckle through the safety elastic before you fasten it.



**3** Slide the waist belt around you to position the buckle on your back, centering the panel on your front.



**4** Tighten the belt for a snug fit.



**5** Place your child on top of the waist belt.



**6** Pull the back panel up behind your child.



**7** Put on one shoulder strap ...



**8** ... then the other one. Make sure to always hold your child securely!



**9** Fasten the buckle on your back ...



**10** Position your child once again in the panel.



**11** Then, one at a time, tighten the straps near your baby ...



**12** ... then the long straps on your back. Pull them down towards the front (this helps protect your pelvic floor).



**13** For extra comfort, use the short straps situated on your shoulders to adjust the straps that pass under your arms.



**14** Once again, slide the waist belt a little between you and your baby and then tighten it again.



**15** Make sure baby is seated deeply in the panel with the knees positioned at about the height of baby's belly button.



# Hip Carry

When your child has good head control



**1** Place the waist belt around your waist or higher for a newborn or small baby. Make sure the belt is snug around your body.



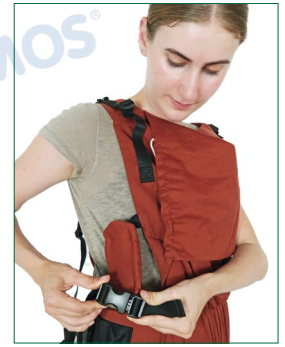
**2** Place the straps ...



**3** ... onto your shoulders.



**4** Pass one hand under the strap on your back, grab the longer part of the opposite shoulder strap and ...



**5** ... bring it to your front to fasten it into the Buckle at the bottom.



**6** Repeat on the other side, with the other strap, this time passing the strap over the other one, on ...



**7** ... to your front, where you fasten it into the Buckle.



**8** Grab both shoulder straps ...



**9** ... and bring them down your arms.



**10** Then, take your arms out.



**11** Place your child, centered, on top of the waist belt and ...



**12** Loosen the shoulder straps a little and then slip one arm upwards through the shoulder straps. With the other hand your child is securely supported.



**13** Repeat on the other side. Now, both straps are placed on your shoulders. Make sure that the straps are OVER your child's legs.



**14** After you have taken the first steps from carrying in front of the belly with crossed shoulder straps, ...



**15** ... loosen the shoulder straps a little and then slip one arm upwards through the shoulder straps. With the other hand your child is securely supported.



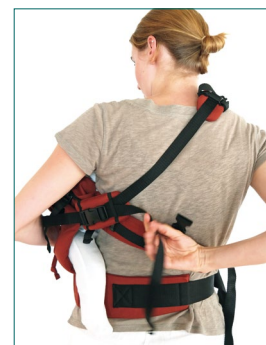
**16** Push your child onto the side with the free shoulder ...



**17** ... up to the hips.



**18** First tighten the lower shoulder straps at the front, which runs diagonally and ...



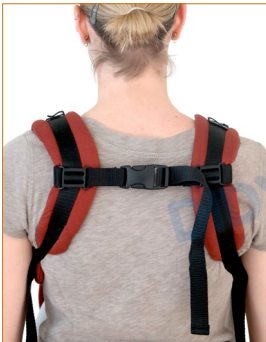
**19** ... then the upper one.



**20** Finally, push up on your baby's feet to ensure a deep seat. Push the waist belt again between you and your child and tighten it.

# Back Carry

When your child has good head control



**1** Start by putting on the DidyFix in the same way as for a front carry.



**2** Lift up the buckle to slightly loosen the shoulder straps.



**3** Bring the strap down ...



**4** ... under your arm.



**5** On the other side, slip your arm down ...



**6** ... and push the shoulder strap onto your shoulder.



**7** Now, one strap lies totally on your shoulder while the other one passes totally under your shoulder. Slide your child towards the side of your free shoulder ...



**8** ... and further onto your back. Gently, bend forward and, while maintaining a straight back, let your child slide around you.



**9** Now, pass your arm back again through the strap lying on your shoulder ...



**10** ... and put on the other shoulder strap again while ...



**11** Pull the straps to tighten them. Stand straight.



**11** Finally make sure baby is seated deeply in the panel.