Wrap Cross Carry®



Age: from birth **Wrap Sling Size:** from size 6



1 Put your **DIDYMOS** wrap sling around your waist like an apron.



2 Cross the tails at your back without twisting them.



3 Bring the tails over your shoulders to your front, so they hang down loosely from your shoulders.



4 Spread the horizontal fabric strap to make sure nothing is twisted.



5 Position your baby in the pouch at your waist. The bottom rail should be at the back of your baby's knees.



6 Hold your baby tightly and spread out the fabric until the top rail reaches your baby's neck.



7 Then tighten the cross bands by pulling first on the inner rails, ...



8 ... then on the outer rails. Always hold your baby with one hand.



9 Bring both firmly tightened tails down along your baby's sides, cross them under her bottom ...



10 ... and bring them under his straddled legs, around to your back again ...



11 Tie the tails at your back with a flat reef knot.



12 Ready to go!



13 To give your baby additional support, spread out the cross bands, too: First the inner band then the outer one.



14 If you like, you can spread the fabric on your shoulders to distribute the weight more evenly.