

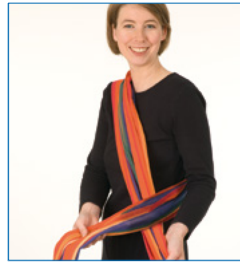
# HIP CROSS CARRY



**Age:** about twelve weeks **Wrap Sling Size:** from size 3



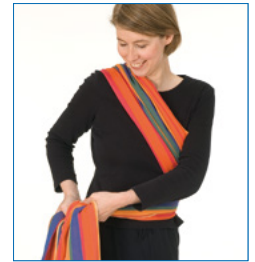
**1** Lay your **DIDYMOS** sling over your shoulder, with the middle marker at your shoulder..



**2** Cross the tails on the opposite hip, with the tail in the front crossing under the tail coming from behind.



**3** Bring them across your waist to the other hip where you tie them ...



**4** ... with a reef knot or an adjustable sailor's knot.



**5** Put your baby into the cross by supporting her against your free shoulder with one hand and using your free hand to pull first one leg, ...



**6** ... then the other through the cross.



**7** Spread the sling by first stretching the inner cross out over your baby's back, ...



**8** ... and then the outer one. Both bands of fabric have to reach from the back of one of his knees to the other. Always keep a good hold of your baby until you have.



**9** Lastly, flip the top rail (next to your neck) over the lower rail and down over your upper arm, ...



**10** ... so that your child is sitting nice and snug on your hip with his legs correctly straddled.