Cross Carry



Age: eight to ten weeks Wrap Sling Size: from size 5



Lay your **DIDYMOS** sling over your shoulders so that there is a loop behind your back (reaching down to your waist) ...



5 Take the shorter sling end and ...



9 Now change shoulders and do the same with the other leg through the other fabric strap.



2 ... and so that one sling end is about 30 cm longer than the other. Now cross the longer end over the shorter one,



6 ... tie both ends together at your side with a flat reef knot or an adjustable sailor's knot.



10 Hold your baby securely until you have stretched the fabric over its back.



3 ... lead it to your back



4 ... and pull it through the loop on your back.



7 Take the fabric cross with both hands and pull it down.



11 First the inner fabric width, then the outer one each of them reaching from one back of baby's knees to the other.



8 Lean your baby against your shoulder supporting baby with one hand and, with your free hand, pull baby's leg out through one of the fabric straps.



12 Check if your baby is sitting closely snug against your body – otherwise adjust the knot to be tighter.



13 Either spread the fabric widely over your child's back up to the neck or, if the child is older, leave both arms free.