

# Double Cross Carry



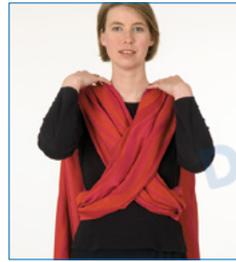
**Age:** eight to ten weeks **Wrap Sling Size:** from size 6



**1** Bring your **DIDYMOS** sling around your waist from behind with the middle marker in the middle of your back.



**2** Cross the tails in front of your chest without twisting them and ...



**3** ... bring them over your shoulders to your back.



**4** Cross the tails again and bring them to your front.



**5** Now bring the tails up through the fabric bands at your sides.



**6** This will allow you to adjust the sling later on.



**7** Pull the cross down with both hands.



**8** Rest your baby on your shoulder and gently lower her into the inner cross, pulling her leg out through the cross with your free hand.



**9** Switch shoulders and do the same thing with the other leg and the outer cross.



**10** Now spread both crosses under your baby's bottom and across her back. Start with the inner cross, ...



**11** ... then spread the outer one – each of them should reach from the back of one of your baby's knees to the other.



**12** Push her feet up slightly to make sure she is in the perfect frog-leg position.



**13** To get a perfect and tight fit, grasp the rails on each side and push your elbows against the fabric.



**14** Instead of wrapping the tails around the bands at your sides you can also tie them together at your side or in front of you.



**15** Young babies and sleeping children often like to be wrapped up completely; the inner cross serves as a perfect head support and sun cover.



**16** When your child is a bit older and wide awake, he may enjoy having her arms out in this carry.