

# DidySling®

## Carrying Instruction



Only use this carrier  
for children between  
3,5 kg and 16 kg.

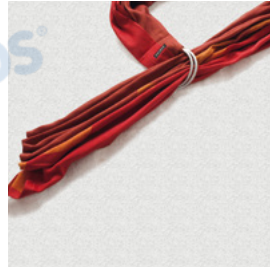
# General Notes

## How to get started

### 1st Possibility



Fold the sling end like a fan or gather it together.



Thred it from behind through the rings ...



... and back again through the bottom ring and tighten.

### 2st Possibility



Place the sling diagonally across your back – the rings are placed in front of your shoulder.



Pull the fabric from behind through both of the rings without twisting it, ...



... and lead it back again through the bottom ring.



Pull on the loose end to tighten the sling.

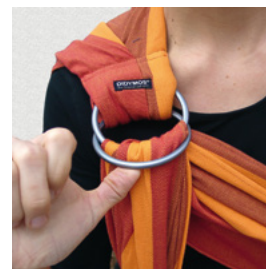
### Tips



Folding the fabric before pulling it through the rings makes sure the fabric does not overlap itself in the rings and will make it easier to tighten the fabric later on.



When you put on the sling make sure the rings are high up on your shoulder. When you tighten the sling, the rings will slide into the correct position.



Pull up on the bottom ring to untighten the cloth. The sling gets looser and you can put it off.

- By wearing your baby you will strengthen your back muscles.
- Nevertheless, we recommend to alternate the sides on which you carry your child

# Hip Carry



**1** Put on the sling, the rings lying in front of your shoulder.



**2** Let your baby slide down from your shoulder into the pouch and onto your hip ...



**3** ... and spread the fabric out making sure your child is covered from his knees up to his back.



**4** For older children spread the fabric till it reaches their armpits, a small baby should be covered up to his ears.



**5** Make sure the fabric is spread out over your shoulder.



**6** Pull on the upper edge to tighten it and do the same with all sections of the sling ...



**7** .... down to the lower edge. This ensures the DidySling will closely embrace your child.



**8** Your baby should now sit in the hip straddle position, his bottom ideally a bit lower than his knees.