

# DidySnap® Carrying Instruction



### **General Notes**



### Starting position for all carrying methods

### Adjust the Width of the Panel



Lay your baby on the DidySnap panel and bring the waist belt up between baby's legs to the front.



Adjust the width to suit your baby's spread-squat position with fabric resting knee to knee.



Adjust the drawstring. Hold it in place with the toggle and tie with a bow.

### How to take your child out of the DidySnap



Loosen the strap first on one side and ...



... then on the other side.



Unfasten the buckle on your back while always holding your child securely.



Pull down one shoulder strap ...



... then the other one. Make sure to always hold and support your child with one hand.



Take your child out of the carrier before unfastening the waist belt.

### **Front Carry**

# **DIDYMOS**°

#### from birth



**1** Before you put on the DidySnap, make sure to adjust the seat width. Click the shoulder straps into the M-buckle at the bottom.



2 Place the waist belt around your waist. Place it higher if your baby is still small.



**3** Lead the buckle through the safety elastic, then fasten it with a click.



4 Pull the belt around your waist to place the buckle on your back, centering the panel on your front.



**5** Tighten the belt for a snug fit.



6 Place your child, centered, on top of the waist belt.



**7** Pull the back panel up behind your child. Make sure the straps pass under baby's legs.



**8** Put on one shoulder strap ....



9... then the other one. Always make sure to securely hold



10 Make sure your child is seated deep in the bottom of the panel.



11 Fasten the buckle on your back ...



12 ... and pull the straps



13 ... to tighten them. Then, one a time, tighten the straps near your baby ...



14 ... then the long straps on the back. Pull them down towards the front (this helps protect your pelvic floor).



**15** Make sure baby is seated deeply in the pouch with the knees positioned at about the height of baby's bellybutton.



16 For more comfort, use the short straps situated near baby's head to adjust the straps that pass under your arms.

# **Front Carry**

**DIDYMOS**°

Front Carry for Toddler with Torso Control.



1 Adjust the seat width before you put on the DidySnap (see notes on page 5). Fasten the shoulder straps into the buckles attached to the panel sides.



2 Position the waist belt around your waist or higher when you carry a small baby.



**3** Pass the buckle through the safety elastic before you close it.



**4** Slide the waist belt around you to position the buckle on your back, centering the panel on your front.



**5** Tighten the belt for a snug fit.



**6** Place your child on top of the waist belt.



**7** Pull the back panel up behind your child.



**8** Put on one shoulder strap.



**9** Then the other one. Make sure to always hold your child securely.



10 Make sure your child is seated deeply.



11 Fasten the buckle on your back and ...



**12** ... pull the straps to tighten.



**13** Tighten the straps one at a time: first the straps near your baby ...



14 ... then the longer straps on your back by pulling them down and towards your front (this helps protect your pelvic floor).



**15** Make sure your child is seated correctly.



**16** If needed, pull the free ends of the straps near your baby to adjust the shoulder straps.

# **Back Carry**

# **DIDYMOS**°

#### for Older Toddlers



1 Start by putting on the DidySnap in the same way as for a front carry - the shoulder straps are attached to the buckles at panel sides.



**2** Lift up the buckle to slightly loosen the shoulder straps.



**3** Bring your arm down



4 ... under the shoulder strap.



**5** On the other side, bring your arm up and ...



**6** ... and out of the shoulder strap.



7 Now, one strap lies totally on your shoulder while the other one passes totally under your shoulder.



**8** Slide your child towards the side of your free shoulder ...



9.... and further onto your back. Gently, bend forward and, while maintaining a straight back, let your child slide around you ...



10 ... to position her/him on the centre of your back.



11 Now, pass your arm back again through the strap lying on your shoulder.



**12** Make sure your child is positioned well on your back and ...



13 ... put on the other shoulder strap again while ...



14 ... you still remain bent forward.



**15** Make sure the buckles are fastened at all times!



**16** Pull the straps to tighten them. Stand straight.



17 Position the moveable pads to create a comfortable fit and make sure your child is seated deep in the back panel.