

# WRAP CROSS CARRY ON THE BACK

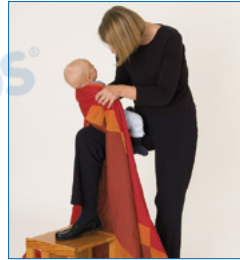


**Age:** four to five months (good head control)

**Wrap Sling Size:** from size 6



**1** Rest your foot on a footstool to create a seat for your baby.



**2** Put the fabric around your baby with the middle marker at the back of her neck, and sit her on your bent leg.



**3** Put your hand under your baby's bottom, and ...



**4** ... bring your baby (with the wrap sling still around her) under your arm and onto your back.



**5** Lean forward and hold your baby firmly with one hand.



**6** Pull the lower fabric edge down under baby's bottom. Make sure the fabric is spread from knee to knee.



**7** Hold the tails nice and tight while you do this.



**8** Tie the tails at your chest with a single knot, and ...



**9** ... throw one tail over your shoulder to your back, ...



**10** ... and hold your baby and the tail firmly with one hand. Then do the same with the other tail.



**11** Tighten both tails, ...



**12** ... cross them under your baby's bottom and bring them under her straddled legs, around to your front ...



**13** ... and then tie a knot.



**14** Your baby is now sitting on your back with her legs straddled, and is securely supported in the DIDYMOS baby wrap sling.



**15** If you want extra support, you can spread out the crosses.