Double Hammock



Age: four to five months, (good head control) Wrap Sling Size: from size 6



Place baby on your hip and put the wrap around her. Lead the rear part of the wrap across your back and up over the opposite shoulder.



5 Now hold one wrap end (the end that is over your shoulder) securely between your knees ...



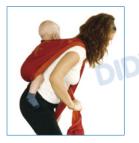
9 Pull up on both ends to tighten the wrap ensureing the fabric is smooth and snug around baby's back.



13 ... and bring them under her legs, back to your front.



2 Next, slide your baby around onto your back while you pull on the end hanging down in front of you. Make sure your child is sitting deep in the wrap.



6 ... while you lead the other end behind your back and under baby's bottom.



10 Bring both ends over each of your shoulders to the front ...



14 Tie the ends, to finish.



3 Hold your baby securely with one hand. The center lable (mein Mittelpunkt) should be near your hip.



7 Spread the end coming from your front ...



4 While you cross the ends of the wrap make sure that the fabric lies flat on your chest.



8 ... wide across your baby's back.



11 ... and pass them under your arms. Then lead the ends over baby's legs, behind your back. Be sure to always hold the ends securely.



15 Make sure your baby is sitting deep in the wrap.



12 Cross both wrap ends under your baby's bottom ...